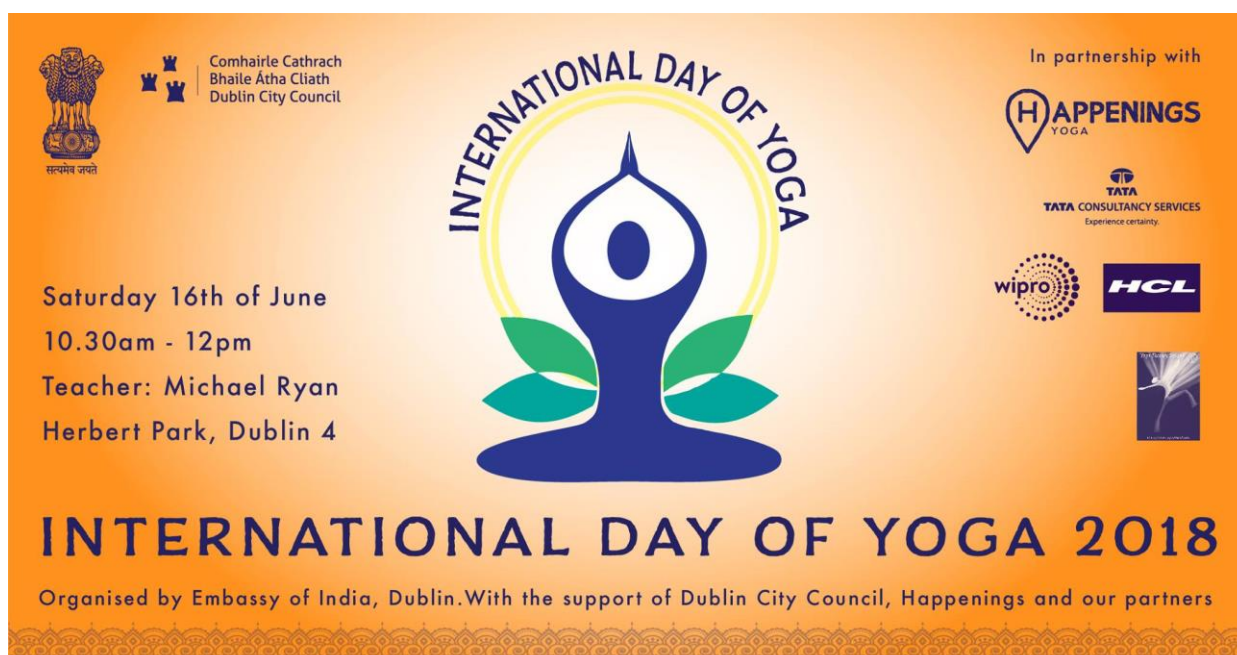


Please note that the venue for #IDY2018 has now been changed to Herbert Park, Ballsbridge, Dublin-4.



The poster for the International Day of Yoga 2018 features a central logo of a stylized blue and green yoga figure with arms raised, set against a yellow circular background with the text 'INTERNATIONAL DAY OF YOGA'. To the left, the text reads: 'Saturday 16th of June', '10.30am - 12pm', 'Teacher: Michael Ryan', and 'Herbert Park, Dublin 4'. Above this text are the logos of the Government of India and the Dublin City Council. To the right, it says 'In partnership with' followed by logos for Happenings Yoga, TATA Consultancy Services, Wipro, and HCL. At the bottom, it states 'INTERNATIONAL DAY OF YOGA 2018' and 'Organised by Embassy of India, Dublin. With the support of Dublin City Council, Happenings and our partners'.

‘International Day of Yoga’

10.30am – 12 noon Saturday 16th June in
Herbert Park, Ballsbridge, Dublin 4.

In 2014, at the initiative of Hon’ble Prime Minister Mr. Narendra Modi, the United Nations General Assembly declared 21 June as International Yoga Day. Millions of people worldwide practise Yoga and enjoy its enormous health benefits.

The Embassy of India in collaboration with Dublin City Council, Happenings Yoga, Yoga Therapy Ireland, Wipro, TCS and HCL will be celebrating the 4th year of International Day of Yoga on 16th June.

Numbers have been steadily growing – and last year we had over 700 yoga enthusiasts gathered for International Day of Yoga on a wonderfully sunny day. This year, the event will be joined by the Deputy Lord Mayor Cllr. Ray McHugh.

Come along and join in this fantastic, free celebration of Yoga at **Herbert Park, Ballsbridge, Dublin-4 at 10.30am.** The public practice of Yoga on the 16th June will feature the sequences performed by Yoga practitioners on International Yoga Day, all around the world uniting us all in the true meaning and spirit of Yoga.

Participants are requested to bring their own mats, water and sunscreen lotion.